Please Join Us!

6th Annual Physical Activity & Nutrition Forum

"Out of the Box and Into the Community"

Friday, June 3, 2011

8:30 am – 4:00pm
Richmond Civic Auditorium
403 Civic Center Plaza • Richmond, CA

-Presented by-
The Network for a Healthy California - Bay Area
The American Diabetes Association, and The City of Richmond

Who Absolutely Must Not Miss This FREE Event!

health advocates, healthcare providers, health educators, nutritionists, physical activity professionals, educators, clinicians, urban gardeners, food advocates, policymakers and others

Learning Objectives

Participants will gain a solid understanding of:

- What works to increase healthy physical activity behaviors in culturally-diverse settings
- Community-supported agriculture and raising the next generation of food advocates
- How to replicate award-winning physical activity and nutrition programming in your community
- Powerful new weapons in the fight against diabetes

Morning Plenary Speakers

- **Robert K. Ross, M.D.**
  President and CEO – The California Endowment
- **LaDonna Redmond**
  Institute for Agriculture and Trade Policy
- **Susan Comfort**
  VP of Philanthropy, KaBOOM

Experience

A full day of exhibits, afternoon workshops, presentations, cooking demonstrations and plenty of physical activity!

The Play Academy, ZUMBA! With Efren Buzzo and The Kat Brown Movement – Hip Hop in Public Health

Dress to MOVE! Free Lunch is provided.

Bay Area Region Champions for Change – Network for a Healthy California
The California Endowment
City of Richmond
Crystal Geyser
Anthem Blue Cross Foundation
American Diabetes Association
Lowe's – Improving Home Improvement

To register, click here or visit the following site:

http://www.barnn.org/d_meeting_registration.asp

"For CalFresh information, call 1-877-847-3663. Funded in part by USDA SNAP, an equal opportunity provider and employer. Visit www.cachampionsforchange.net for healthy tips. – California Department of Public Health"

For more information contact: Carmen Bogan, Bay Area Region Physical Activity Coordinator at paforum11@pacbell.net or (510) 482-8827.