Health in All Policies

City services through the prism of health

July 2013
What is Health?

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.
Health Equity

Health equity is achieving the highest level of health for all people. Health equity entails focused societal efforts to address avoidable inequalities by equalizing the conditions for health for all groups, especially for those who have experienced socioeconomic disadvantage or historical injustices (such as racism).
Richmond Health Equity Partnership hypothesis: Cumulative stress over life-course

Chronic stress has known physical and mental health impacts, from clogging arteries and heart disease, to overweight & diabetes to chromosome damage and premature aging.

- Racial Profiling
- Poor air quality & lack of safe recreation space
- Residential Segregation
- Economic insecurity

Stressors:
- Street, neighborhood & school Violence
- Over-burdened social services
- High food prices/lack of healthy foods
- Lack of health care

Jason Corburn, UC Berkeley
Richmond Health Equity Partnership (RHEP)

General Plan 2030

Richmond: Healthy City Management
Health in All Policies

- A core component of implementing the Community Health & Wellness Element of the General Plan & improving the well-being and living conditions for all Richmond residents.

Health in all Policies is city management as ‘preventative medicine’ and all city staff are ‘community clinicians.’
What is Health in All Policies?

- **CALIFORNIA DEFINITION**
  - HiAP approach recognizes that health and prevention are impacted by policies that are managed by non-health government/non-government entities.
  - Many strategies that improve health will also help to meet the policy objectives of other agencies.

- HiAP Task Force Report—Executive Summary pg. 4 and 5
Upstream & Downstream Interventions

**Upstream**
- Policy and Programs
  - Corporations and other businesses
  - Government agencies
  - Schools
- Social inequities
  - Class
  - Race/ethnicity
  - Gender
  - Immigration status
  - Sexual orientation

**Midstream**
- Physical environment
  - Housing
  - Land use
  - Transportation
  - Residential Segregation
- Behavior
  - Smoking
  - Nutrition
  - Physical activities
  - Violence

**Downstream**
- Disease and Injury
  - Infectious disease
  - Chronic disease
  - Injury
- Health care and services
- Mortality
  - Infant mortality
  - Life expectancy

Government, Schools, CBOs → Parks & Housing → Hospitals & Clinics
Health in all Policies

Health Equity

- Effective & Equitable Government Leadership & Coordination
- Economic Development & Education
- Full Service and Safe Communities
- Residential Environment
- Environmental Health & Justice
- Quality and Accessible Health Care
HiAP Next Steps:

- Stakeholder input (City staff, Community Based Organizations, Contra Costa Health Services, West Contra Costa Unified School District, etc.)
- City Council Presentation
- Implementation
- Monitoring

We all improve health!
www.richmondhealth.org

http://www.flickr.com/photos/richmondenvironment/

http://vimeo.com/richmondhealth

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