

APRIL 2017
Monday

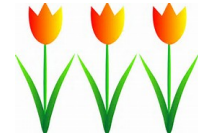
Tuesday

C.C. CAFÉ
Wednesday

Thursday

APRIL 2017
Friday

* = Vitamin C
_ = Vitamin A
() = Dessert of Choice
All meals served w/low fat milk



3 COLD PLATE Cobb Salad Pumpkin Celery Soup Garden Pea Salad Hawaiian Roll w/Butter Blue Cheese Dressing * Citrus Fruit	4 Beef Sukiyaki * California Vegetables Steamed Rice Mixed Green Salad w/Ranch Dressing * Mandarin Oranges 	5 Tuna Noodle Casserole * Stewed Tomatoes * Broccoli Spears Tossed Salad w/Honey Mustard Dressing Chocolate Pudding (Pears)	6 Southern Style BBQ Chicken Split Pea Soup * Cheesy Scalloped Potatoes Tender Green Beans Sourdough Roll w/Butter <u>Apricots</u> 	7 All American Cheese Burger Tomato Basil Soup * Garlic Fries Baked Beans Lettuce, Tomato & Onion Catsup, Mustard & Mayo Bun Fresh Fruit
10 Vegetarian Bean Burrito w/Red Sauce & Cheese Spanish Rice Mexicali Corn Mixed Green Salad w/Ranch Dressing * Tropical Fruit 	11 RODEO'S SPRING FLING Savory Pork Stew w/Brown Rice Grape Juice * Stewed Tomatoes * Spinach Salad w/Balsamic Vinaigrette Strawberry Gelatin w/Strawberries (Diet Strawberry Gelatin w/Strawberries)	12 HERCULES 60'S PARTY All American Hot Dog w/Cheese & Onions * Potato Salad Spring Bean Medley Catsup, Mustard, Relish Bun Ice Cream (Mixed Fruit)	13 Traditional Old Fashioned Turkey Dinner w/Gravy Apple Juice Sliced Carrots in Lite Sauce * Mashed Potatoes Stuffing Cranberry Sauce Peaches 	14 COLD PLATE EASTER CELEBRATION Special Spring Shrimp Salad on Lettuce Leaf Corn Chowder * Broccoli, Bell Pepper, Onion, Raisin & Pasta Salad * Citrus Fruit Cup Dinner Roll w/Butter Pistachio Fluff (Fresh Fruit)
17 Meatballs w/Mushroom Sauce * Mashed Potatoes * Capri Vegetables Tossed Salad w/Creamy Italian Dressing Fresh Fruit 	18 COLD PLATE Chicken Caesar Salad (Mesquite Chicken, Parmesan Cheese, Romaine Lettuce, Cherry Tomatoes, Croutons) Minestrone Soup 4 Bean Salad Dinner Roll w/Butter Caesar Dressing * Mandarin Oranges	19 PITTSBURG SPRING FLING Alaskan Salmon Patty w/Dill Sauce * Red Potatoes Tender Green Beans Carrot Raisin Salad Iced Lemon Cake (Banana) 	20 BBQ Pulled Pork on Bun Grape Juice * Sweet Potato Fries * Marinated Broccoli Salad Cinnamon Applesauce	21 Garlic & Herb Chicken Breast Mushroom Barley Soup * California Vegetables Rice Pilaf Mixed Green Salad w/Honey Mustard Dressing Pineapple Chunks
24 Teriyaki Chicken Breast Bok Choy Soup * Mixed Cabbage Salad w/Poppy Seed Dressing & Crisp Noodles Sliced Carrots Fluffy Brown Rice * Citrus Fruit	25 Beef Fajita w/Peppers & Onions Mexicali Corn Green Salad w/Ranch Dressing Flour Tortilla Salsa * Tropical Fruit 	26 COLD PLATE Curried Chicken Salad on a Bed of Mixed Greens Lentil Soup Spring Pea Salad Marinated Beets & Onion Whole Wheat Crackers X2 * Mandarin Oranges	27 Pot Roast w/Gravy * Baked Potato Spring Bean Medley Tossed Green Salad w/1000 Island Dressing Tapioca Pudding (Fresh Fruit)	28 Breaded Cod Fish Herbed Rice * Steamed Spinach * Coleslaw w/Carrots Tartar Sauce Cherry Gelatin w/Mixed Fruit (Diet Cherry Gelatin w/Mixed Fruit) 

**DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON APRIL 11, 12, 14 AND 19.
4 DAILY ALTERNATE ENTREE CHOICES: CHEESEBURGER, GARDEN BURGER, CHEF'S SALAD OR SEAFOOD SALAD!**