

Pool Schedule – Winter/Spring 2017 (Feb 6 – June 11, 2017)



Richmond Plunge – 1 Garrard Blvd 510-620-6820

Program	Monday 6a-1p/4-7:30p	Tuesday 6a-1p/4-7p	Wednesday 6a-1p/4-7p	Thursday 6a-1p/4-7p	Friday 8a-1p/4-7p	Saturday 8a-11:30a	Sunday 8a-11:30a
Adult Lap Swim	6a-1p 4-7:30p	6a-1p 4-7p	6a-1p 4-7p	6a-1p 4-7p	8a-1p 4-7p	8-11:30a	8-11:30a
Water Walking	10a-12p 4-7	10a-12p 4-7p	10a-12p 4-7p	10a-12p 4-7p	10a-12p 4-7p	8-11:30a	8-11:30a
Water Fitness		Self-Paced 8-9:50a		8-9a Self-Paced 9-9:50 CLASS			
Aqua Zumba	6:30-7:30p					10-11:00a	
Tot Splash	10-11a		10-11a				
Masters & Team (4 right lanes)	12-1p 4-7p	6-7a 12-1p 4-7p	12-1p 4-7p	6-7a 12-1p 4-7p	12-1p 4-7p	8-9:30a	

Richmond Swim Center – 4300 Cutting Blvd 510-620-6654

Program	Monday 6a-11a	Tuesday 5-7:30p	Wednesday 6a-11a	Thursday 5-7:30p	Friday 7a-11:30a	Saturday 10:30-12:30/1:30-4p	Sunday 8-10/1:30-4p
Adult Lap Swim	6-11a	5-7:30p	6-11a	5-7:30p	7-11:30a	10:30a-12:30p	8-10a
Water Walking	6-11a	5-7:30p	6-11a	5-7:30p	7-9a 10-11:30a		
Water Fitness	Self-Paced 8-9:50a		8-9a Self-Paced 9-9:50 CLASS		Self-Paced 8-9a		
Aqua Zumba					9:00-10:00a		
Tot Splash	9:45-10:45a		9:45-10:45a		9:45-10:45a		
Family Recreation Swim		5-7p Shallow only		5-7p Shallow only		1:30-4p	1:30-4p
Swim Lessons						10:30a-12:30p	

Fewer lanes may be available for lap swim & water walking during Family Rec Swim & masters/swim team hours. Please ask for more information.

Water Fitness: Instructor-led class only where indicated. Otherwise, self-paced with other participants.

Sharing Lanes: all Lap Swimmers must share lanes. Please ask a Lifeguard if you need assistance.

Admission and Supervision requirements: Children 8 and under must be within arm's reach of adult who is in the pool (no more than 2 children per adult)

Children 9-13 must have parent supervising in the facility. Lap Swim & Water walking is for ages 16 & older. Aqua Zumba is 18 & older only

Appropriate Swim Attire is required for safety and pool maintenance. No street clothes, oversized shirts, etc.

Aqua Shoes-recommended in shallow end at Plunge pool, and required for all Tot Splash participants.

Lap Swim Fees

\$5 Resident
\$6.25 Non-Resident

Water Walking Fees

\$5 Resident
\$6.25 Non-Resident

Self-Paced Water Fitness Fees

\$5 Resident
\$6.25 Non-Resident

Rec Swim Fees

Adults (18+)

\$5 Resident
\$6.25 Non-Resident
***Children (under 18)**
\$3 Resident
\$3.75 Non-Resident

Tot Splash Fees

Adult & Child (0-5years)
\$2 each

Aqua Zumba Fees

\$8 Drop-in Resident
\$10 Drop-in Non-Resident

Passes

Green- 15 visits
\$67.50 R/ \$84.50 NR
Gold- 30 visits
\$135.00 R/ \$168.75 NR
Platinum- 45 visits
\$202.50 R/ \$253 NR
Youth Pass- 10 visits
\$20 R/ \$25 NR
Aqua Zumba Pass- 10 visits
\$80 R/ \$100 NR