



City of Richmond

American Red Cross Lifeguard/ First Aid/ CPR/ AED Course

Provides entry-level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until EMS personnel take over.

Dates: September 9-24, 2017

Times

Sat 9/9	3:30-8pm	Fri 9/15	4:30-9pm	Fri 9/22	4:30-9pm
Sun 9/10	9am-1:30pm	Sat 9/16	3:30-8pm	Sat 9/23	3:30-8pm
		Sun 9/17	9am-1:30pm	Sun 9/24	9am-1:30pm

Location: Richmond Swim Center (RSC), 4300 Cutting Blvd
(next to Kennedy High School)

***Cost:** \$20 for pre-course only
\$140 Residents/\$180 Non-Resident

Mandatory Pre-Course Test:

Fri, 8/25, 6-7:00pm (make up on Th 9/7, 6-7pm)

Participants must complete the following successfully:

- ✓ Swim 300 yards continuously (front crawl or breaststroke)
- ✓ Tread water for 2 minutes using only legs
- ✓ Timed event: Swim 20 yards, surface dive in 7+ feet water, retrieve a 10 lb object from bottom, swim back to side holding object, exit pool without use of ladder

**Participants register & pay separately for pre-course & LG Training. All fees are non-refundable, so if you are uncertain about passing the pre-course, you may pay \$20 just for the pre-course, then register & pay for the course after passing.*

To receive American Red Cross Certificate in Lifeguarding/ First- Aid/ CPR/ AED, valid for two years, participants must:

- Be at least 15 years of age by 9/24/17
- Pass the pre-course test
- Attend all classes
- Demonstrate competency in all required skills, activities, and final rescue scenarios
- Correctly answer at least 80 percent of the questions in both sections of the final written exam

Additional Information:

Daily sessions involve in and out-of-water segments. Breaks are provided. Please bring swim suit, towel(s), goggles, 1-2 warm changes of clothing, snacks, lunch/dinner & water each day.

Advanced registration required. Please do not register for the course until after passing the pre-course test. You may then pay online, or bring exact cash or a check to pay for the course.

Min/Max: 4/10 – class will be canceled if we do not have 4 students

Enrollment and completion of course does not correspond to offer of employment. Separate employment application process must be completed.

For Registration information, call (510) 620-6820. For course information, call 620-6831.



LIFEGUARDS (Part-time) Salary: \$16.64-\$19.27 Hourly

Description:

Under direct supervision of the Senior Lifeguard, the Lifeguard enforces rules and regulations pertaining to health and safety of swimmers, staff and the public to prevent accidents; performs rescues at City aquatic facilities and performs other duties as assigned. This part-time position is distinguished from the Senior Lifeguard by less supervisory responsibility. The position of Lifeguard primarily serves as a monitoring and rescuing function.

Minimum Qualifications

Experience and Training:

- Fifteen (15) years of age.
- Graduation from or currently enrolled in an institution working toward a high school diploma or GED equivalent.

License or Certificate:

- Current Lifeguard Training Certification from the American Red Cross, YMCA equivalent.
- Current First Aid and CPR for Public Safety Personnel in accordance with Title 22 of the [California Code of Regulations](#).

Knowledge of:

- Lifeguarding, first aid, public safety and the role of a professional rescuer.
- Accident prevention and accident management.
- Intervention and conflict resolution strategies.
- CPR and first aid techniques and equipment.
- Working knowledge of ADA and its relation to an aquatic operation.
Health and safety regulations.
- Current methods and standards for lifeguarding public facilities.

Ability to:

- Stay alert, respond quickly, and cope with stress and fatigue.
- Swim with proficiency and endurance; perform and assist rescuers.
- Enforce the rules and regulations of an aquatic facility.
- Perform CPR and first aid.
- Work a flexible [schedule](#) including nights and weekends, shifting assignments as program needs change.
- Work indoors and outdoors in a variety of temperatures.
- Use vision and hearing to identify and evaluate field emergencies and to respond physically to these emergencies quickly and appropriately.
 - [Communicate effectively](#) in writing and verbally with personnel and the public, in both routine operations and other program emergency situations.

To Apply:

Go to the City of Richmond website:

<http://agency.governmentjobs.com/richmondca>