







MAY 2018		C.C. CAFÉ		MAY 2018	
Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	
	<b>Cheese Burger</b> <b>Mixed Vegetables</b> * Seasoned Potato Wedges Lettuce, Tomato & Onion Catsup, Mustard Mayonnaise Bun Fresh Fruit	<b>COLD PLATE</b> Waldorf Chicken Salad on Mixed Greens Mushroom Barley Soup 4 Bean Salad * Potato Salad Roll w/Butter * Watermelon	Fish Sandwich w/Cheese Creamy Tomato Basil Soup Sliced Carrots * Steamed Spinach Tartar Sauce Bun * Mandarin Oranges	<b>SAN PABLO &amp; ANTIOCH</b> <b>CELEBRATE CINCO DE MAYO</b> Beef Fajitas w/Peppers & Onions Mexicali Corn Green Salad w/Ranch Dressing Salsa Flour Tortilla * Tropical Fruit	
	7	8	9	10	11
Creamy Mushroom Chicken * Garlic Mashed Potatoes Tender Green Beans w/Red Peppers Whole Wheat Roll w/Butter Mixed Fruit	<b>COLD PLATE</b> Mock Crab Salad Chicken & Rice Soup Pickled Beets & Onions Carrot Raisin Salad Lettuce, Tomato & Onion French Bread * Citrus Fruit	Turkey a la King over a Biscuit * Stewed Tomatoes * Spinach Salad w/Balsamic Vinaigrette * Cantaloupe	Pork Carnitas over Spanish Rice Salsa Succotash * Coleslaw Raspberry Gelatin w/Pears (Diet Raspberry Gelatin w/Pears)	<b>MOTHER'S DAY</b> <b>CELEBRATION</b> Krabby Cake * Cheesy Scalloped Potatoes * Broccoli Florets Tossed Green Salad w/Honey Mustard Dressing Tartar Sauce Sherbet (Banana)	
	14	15	16	17	18
Stuffed Pepper Apple Juice Corn Chowder Capri Vegetables Fluffy Rice Pilaf * Mandarin Oranges	Grilled Chicken Sandwich Hearty Vegetable Soup * Sweet Potato Fries Marinated Zucchini Salad Lettuce, Pickles Mustard, Mayonnaise Bun Peaches	Beer Battered Fish and Chips * Spring Bean Medley Mixed Green Salad w/Blue Cheese Dressing Tartar Sauce, Vinegar Ice Cream (Fresh Fruit)	<b>COLD PLATE</b> Chicken Fiesta Salad (Black Beans, Corn, Cheese Salsa, Mixed Greens, Onions) * Posole Soup Ranch Dressing Roll w/Butter * Cantaloupe	<b>ANTIOCH PICNIC</b> Oven Fried Steak Macaroni and Cheese * California Vegetables Mixed Green Salad w/Thousand Island Dressing Fresh Fruit	
	21	22	23	24	25
<b>NEW ITEM!</b> Cheese Tortellini w/Pesto and Parmesan Cheese * Stewed Tomatoes Italian Vegetables Sliced Pears	<b>COLD PLATE</b> Tuna Salad on Lettuce Leaf w/Tomato Slice Clam Chowder Garden Pea Salad Pickled Beets & Onions French Bread * Tropical Fruit	Sweet and Sour Pork over Brown Rice * Broccoli Florets Carrot Raisin Salad Strawberry Gelatin w/Mixed Fruit (Diet Strawberry Gelatin w/Mixed Fruit)	Turkey Tamale Pie w/Corn Bread Topping Mixed Vegetables Pinto Beans Mixed Green Salad w/Ranch Dressing * Mandarin Oranges	<b>MEMORIAL DAY CELEBRATION</b> Southern Style BBQ Chicken * Mashed Potatoes Corn on the Cob * Marinated Vegetable Salad Apple Pie (Applesauce)	
	28	29	30	31	
<b>MEMORIAL DAY HOLIDAY</b> 	Spaghetti & Meatballs w/Parmesan Cheese Italian Green Beans Sliced Carrots Mixed Green Salad w/Creamy Italian Dressing * Fresh Orange	<b>SAN PABLO &amp; HERCULES</b> <b>HEALTH &amp; FITNESS DAY</b> Fish Taco w/Flour Tortilla Potato Leek Soup * Cilantro Lime Coleslaw Black Beans Salsa * Watermelon	<b>COLD PLATE</b> Ham & Swiss on Rye Bread Split Pea Soup Carrot Raisin Salad 4-Bean Salad Lettuce & Tomato Mustard, Mayonnaise * Tropical Fruit	□ = Item is higher in sodium * = Vitamin C _ = Vitamin A ( ) = Dessert of Choice All meals served w/low fat milk.	
<b>DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON MAY 4, 11, 18, 25 AND 30.</b> <b>4 DAILY ALTERNATIVE ENTRÉE CHOICES: CHEESEBURGER, GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!</b>					