







MAY 2018		C.C. CAFÉ		MAY 2018	
Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	
	Cheese Burger Mixed Vegetables * Seasoned Potato Wedges Lettuce, Tomato & Onion Catsup, Mustard Mayonnaise Bun Fresh Fruit	COLD PLATE Waldorf Chicken Salad on Mixed Greens Mushroom Barley Soup 4 Bean Salad * Potato Salad Roll w/Butter * Watermelon	Fish Sandwich w/Cheese Creamy Tomato Basil Soup Sliced Carrots * Steamed Spinach Tartar Sauce Bun * Mandarin Oranges	SAN PABLO & ANTIOCH CELEBRATE CINCO DE MAYO Beef Fajitas w/Peppers & Onions Mexicali Corn Green Salad w/Ranch Dressing Salsa Flour Tortilla * Tropical Fruit	
	7	8	9	10	11
Creamy Mushroom Chicken * Garlic Mashed Potatoes Tender Green Beans w/Red Peppers Whole Wheat Roll w/Butter Mixed Fruit	COLD PLATE Mock Crab Salad Chicken & Rice Soup Pickled Beets & Onions Carrot Raisin Salad Lettuce, Tomato & Onion French Bread * Citrus Fruit	Turkey a la King over a Biscuit * Stewed Tomatoes * Spinach Salad w/Balsamic Vinaigrette * Cantaloupe	Pork Carnitas over Spanish Rice Salsa Succotash * Coleslaw Raspberry Gelatin w/Pears (Diet Raspberry Gelatin w/Pears)	MOTHER'S DAY CELEBRATION Krabby Cake * Cheesy Scalloped Potatoes * Broccoli Florets Tossed Green Salad w/Honey Mustard Dressing Tartar Sauce Sherbet (Banana)	
	14	15	16	17	18
Stuffed Pepper Apple Juice Corn Chowder Capri Vegetables Fluffy Rice Pilaf * Mandarin Oranges	Grilled Chicken Sandwich Hearty Vegetable Soup * Sweet Potato Fries Marinated Zucchini Salad Lettuce, Pickles Mustard, Mayonnaise Bun Peaches	Beer Battered Fish and Chips * Spring Bean Medley Mixed Green Salad w/Blue Cheese Dressing Tartar Sauce, Vinegar Ice Cream (Fresh Fruit)	COLD PLATE Chicken Fiesta Salad (Black Beans, Corn, Cheese Salsa, Mixed Greens, Onions) * Posole Soup Ranch Dressing Roll w/Butter * Cantaloupe	ANTIOCH PICNIC Oven Fried Steak Macaroni and Cheese * California Vegetables Mixed Green Salad w/Thousand Island Dressing Fresh Fruit	
	21	22	23	24	25
NEW ITEM! Cheese Tortellini w/Pesto and Parmesan Cheese * Stewed Tomatoes Italian Vegetables Sliced Pears	COLD PLATE Tuna Salad on Lettuce Leaf w/Tomato Slice Clam Chowder Garden Pea Salad Pickled Beets & Onions French Bread * Tropical Fruit	Sweet and Sour Pork over Brown Rice * Broccoli Florets Carrot Raisin Salad Strawberry Gelatin w/Mixed Fruit (Diet Strawberry Gelatin w/Mixed Fruit)	Turkey Tamale Pie w/Corn Bread Topping Mixed Vegetables Pinto Beans Mixed Green Salad w/Ranch Dressing * Mandarin Oranges	MEMORIAL DAY CELEBRATION Southern Style BBQ Chicken * Mashed Potatoes Corn on the Cob * Marinated Vegetable Salad Apple Pie (Applesauce)	
	28	29	30	31	
MEMORIAL DAY HOLIDAY 	Spaghetti & Meatballs w/Parmesan Cheese Italian Green Beans Sliced Carrots Mixed Green Salad w/Creamy Italian Dressing * Fresh Orange	SAN PABLO & HERCULES HEALTH & FITNESS DAY Fish Taco w/Flour Tortilla Potato Leek Soup * Cilantro Lime Coleslaw Black Beans Salsa * Watermelon	COLD PLATE Ham & Swiss on Rye Bread Split Pea Soup Carrot Raisin Salad 4-Bean Salad Lettuce & Tomato Mustard, Mayonnaise * Tropical Fruit	□ = Item is higher in sodium * = Vitamin C _ = Vitamin A () = Dessert of Choice All meals served w/low fat milk.	
DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON MAY 4, 11, 18, 25 AND 30. 4 DAILY ALTERNATIVE ENTRÉE CHOICES: CHEESEBURGER, GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!					