







FEBRUARY 2019		C.C. CAFÉ		FEBRUARY 2019		
Monday	Tuesday	Wednesday	Thursday	Friday		
◊ = Item is higher in sodium * = Vitamin C _ = Vitamin A () = Dessert of Choice All meals served w/low fat milk.						1 SUPER BOWL WEEKEND NEW ITEM! Buffalo Chicken Drumsticks Broccoli Cheddar Soup Carrot & Celery Sticks * Potato Salad Ranch Dressing Big Cookie (Fresh Fruit)
4	5	6	7	8	8	
BBQ Pulled Pork Succotash <u>Sliced Carrots</u> * Pineapple Coleslaw Bun Fruit Cocktail	CHINESE NEW YEAR CELEBRATION Broccoli Beef over Steamed Rice <u>Vegetable Bean Medley</u> Mixed Green Salad w/Honey Mustard Dressing Fortune Cookie * Lucky Tangerine 	* Turkey Lasagna Steamed Spinach Pickled Beets & Onions Tossed Salad w/Creamy Italian Dressing Fresh Fruit	COLD PLATE Curried Chicken Salad on Mixed Greens Lentil Soup 4-Bean Salad <u>Carrot-Raisin Salad</u> Hawaiian Roll w/Butter * Tropical Fruit	Potato Crusted Fish Clam Chowder * <u>California Blend</u> Rice Pilaf Tartar Sauce Sherbet (Sliced Pears)		
11	12	13	14	15	15	
Creamy Mushroom Chicken over Penne Noodles <u>Italian Vegetables</u> * <u>Spinach Salad</u> w/Balsamic Vinaigrette Fresh Fruit	SAN PABLO CELEBRATES BLACK HISTORY MONTH ◊ Virginia Baked Ham w/Pineapple-Raisin Sauce * <u>Whipped Sweet Potatoes</u> Green Beans w/Red Peppers Banana Pudding (Banana)	COLD PLATE Mock Crab Salad Sandwich Potato Leek Soup * <u>Marinated Veggie Salad</u> Garden Pea Salad Lettuce, Tomato & Onion French Bread Pineapple Chunks	VALENTINE'S DAY Roast Beef w/Gravy Chicken Orzo Soup * Baked Potato w/Butter * Winter Blend Vegetables Tossed Salad w/Blue Cheese Dressing Raspberry Gelatin w/Pears (Diet Raspberry Gelatin w/Pears)	Cheese & Green Chili Tamale w/Enchilada Sauce <u>Capri Vegetables</u> Pinto Beans Mixed Green Salad w/Ranch Dressing * Citrus Fruit		
18	19	20	21	22	22	
PRESIDENT'S DAY HOLIDAY 	PRESIDENT'S DAY CELEBRATION COLD PLATE Tuna Salad on Mixed Greens Tomato Basil Soup * Coleslaw Pickled Beets & Onions WW Crackers x2 Iced Lemon Cake (Fresh Fruit)	BBO Chicken Thigh Hearty Vegetable Soup <u>Vegetable Bean Medley</u> Macaroni Salad Sourdough Roll w/Butter * Mandarin Oranges 	Turkey Dinner w/Gravy * <u>Broccoli & Carrots</u> * Mashed Potatoes Stuffing Cranberry Sauce Sliced Pears	◊ All American Hot Dog w/Cheese & Onions <u>Mixed Vegetables</u> * Potato Salad Mustard, Catsup, Relish Bun Fresh Fruit		
25	26	27	28	28	28	
Alaskan Salmon Patty w/Dill Sauce <u>Capri Vegetables</u> Green Peas w/Pearl Onions Wild Rice * Citrus Fruit	Chicken Marsala over Buttered Noodles * Stewed Tomatoes * <u>Broccoli Florets</u> Orange Gelatin w/Mandarins (Diet Orange Gelatin w/Mandarins)	Swiss Beef Patty Mushroom Barley Soup <u>Mixed Vegetables</u> * Garlic Mashed Potatoes Whole Wheat Roll w/Butter Fresh Fruit	◊ <u>Vegetarian Bean Burrito</u> w/Red Sauce & Cheese Mexicali Corn Tender Green Beans Mixed Green Salad w/1000 Island Dressing * Tropical Fruit			
DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON FEB. 1, 5, 12, 14, AND 19. 4 DAILY ALTERNATIVE ENTRÉE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!						