

FACE COVERS

According to health experts, the wearing of masks is one of the best preventative measures we can take to reduce the spread of COVID-19. Here are some important considerations and tips regarding face coverings.

Cover your mouth and nose with a mask when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should [wear a mask](#) or face cover in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain.
- Continue to keep about 6 feet between yourself and others. The mask is not a substitute for social distancing.

Wear your mask correctly

- Wash your hands before putting on your mask.
- Put it over your nose and mouth and secure it under your chin. Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.

When do I need to cover my face at work?

Multiple health orders require us to wear a face cover during the following work-related circumstances:

- Inside of, or in line to enter, any indoor public space;
- While inside any building, unless seated alone in an office or room;
- While outdoors in public spaces and unable to socially distance at least 6'

Persons with medical or other conditions may not be able to wear a mask. [View the complete guidance](#).

How do I wear it?

Please view these short videos for important tips on face coverings:

- [Stay Safe, Cover your Face](#)
- [Common Mistakes](#)



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Take off your mask carefully

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place mask in the washing machine ([learn more about how to wash masks](#)).
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.

Please view this [public service announcement](#) put together by our very own COVID-19 PIO Team and KCRT about when to wear a mask at work (great work, team!).