



## Richmond Health Equity Partnership (RHEP) Meeting #5 Agenda

Richmond Room, Richmond City Hall

450 Civic Center Plaza

Richmond, CA 94804

July 25, 2012

8:30-11:00 AM

**RHEP Meeting #5 Objectives:** Data tracking and training

**Topics:** Frame work for selection of health equity indicators, preliminary measures of health equity in Contra Costa and Richmond, update on data sharing & reporting strategies

**Deliverables:** (E1) Outline of existing data and data needs for health equity reporting

Facilitator: **Wanda Session**

### I. Introductions, Wanda Session

### II. Brief Update from Contra Costa Health Service: Wanda Session/Wendel Brunner

- The [West County Health Center Grand Opening](#) is September 4, 2012 from 4:30 to 7:30 pm. This state of the art facility will open its doors later in the month.
- Dr. Brunner reported on a [California Endowment](#) Community Transformation grant that is related to the [Building Healthy Communities](#) locations like Richmond.
  - The goals of these grants are to promote healthy eating and active living, safe routes to schools, and other built environment approaches issues related to [Healthy Richmond](#).
  - Funds will be contracted out to community groups such as [HEAL](#) and [Building Blocks for Kids](#).
- Dr. Brunner reported on the New Nutrition Network Funding from the US Dept. of Agriculture which will be distributed by local lead agencies, in this case local health departments.
  - This funding comes with a broader scope of work than past versions.
  - \$4 million dollars over 4 years will support access to nutrition and healthy foods, as well as physical activity, throughout the county.
  - Much of this funding will be distributed through schools.

### III. Grants/Opportunities

- New Funding Opportunities: Sue Krosby reported on the successful submission of a [School Based Clinic Capital grant](#) application for Kennedy High (HHS)
- Grant: Gabino reported on behalf of Jennifer Lyle, [Building Blocks for Kids](#) is in process of applying for a [Promise Neighborhoods grant](#).

- BBK is highlighting the collaborative's relationships with local organizations and institutions. Each RHEP partners submitted a letter of support. Contact Jennifer Lyle for more information: [jlyle@bbk-richmond.org](mailto:jlyle@bbk-richmond.org)

#### **IV. Health and Health Equity Report Card: Abigail Kroch and RHEP Group Discussion (All)**

CCHS has created a [draft list of possible Health Equity Indicators](#). The list is currently not exhaustive and CCHS is currently seeking feedback on what else to include and eventually what to remove from the list.

##### Principles for Selecting Indicators

1. Pick indicators that we don't already know. Pick indicators that we can do something about.
2. Can we get data on it? Instead of having lots of indicators that we cannot get data for, it is better to have fewer indicators that we can get some data on.
3. We need indicators that illuminate an issue that needs to be raised in the community
4. Maintain equity focus.
5. Indicators need to be actionable. Just because we can get data on something doesn't mean that we need to. Likewise, even if we have the best indicator, but have no data on it, it doesn't do us any good.

##### Categories of Indicators:

1. Traditional Health Department indicators (morbidity, mortality, immunization records, etc.)
  - a. Often state or federally legally requires data to be collected.
  - b. This is the data that Health Department have always tracked and so have systems in place to collect and monitor.
2. Community Assets: (A community asset or community resource is something that contributes to well-being and /or can be used to improve the quality of community life. It can be a person, a physical structure or place, a business, a loose network of people, an association or institution.)
  - a. These can be challenging to measure.
  - b. Community Assets are not necessarily quantitative, some are best described qualitatively .
3. Community Empowerment, Engagement, and Capacity
  - a. Richmond has a unique opportunity to address health disparities and inequities because there is an active community base. Through community organizing the City, County, etc. have been able to respond to direct community needs and through this process have helped to build community empowerment and capacity.

There is a need for continuing the conversation and bringing in more community members. There is also a need to continue and expand measures of the environment (built, social, air, etc.).

##### **Sections currently included in the draft list:**

- All-cause mortality Rate: in general these are late indicators. They are measuring disease or poor health that started 30-40 years and do not reflect the health of current living people. This also means that we will see the numbers of mortality due to diabetes, high blood pressure, etc. will continue to rise as today's population becomes more obese.
  - The problem with these data is is all coded at the zip codes level and within Richmond, the City is fairly heterogeneous.

- Also racial and ethnic data is not very reliable. Until recently and still in some places race is tracked and measured by hospital admissions personnel and individual patients were never asked.
  - Disease specific mortality rate.
  - Hospitalizations:
    - Want to do something on ER visits avoided.
  - Emergency Dept. Visits
  - Immunization
    - Immunizations may be a great place to start because we can get access to students through school immunization requirements.
  - Communicable disease rates
    - HIV is a large problem in Richmond, there are large disparities around HIV.
    - Frontline recently had a piece about HIV: [Endgame: Aids in Black America](#)
  - Family maternal and child health
  - Disability status
  - Insurance status
  - Childhood asthma
  - Mental health
    - Often overlooked or not included in part because of the challenge of measuring. Most mental health diseases do not result in hospital visits. Mental health is also a reeks factor for many other diseases.
- Health Behaviors and Risk Factors
- Smoking and tobacco control
    - Difficult to capture.
  - Food and nutrition behaviors
    - Difficult to capture.
  - Obesity rates
    - There is good data from the public Schools for school age children currently attending public schools.
  - Adolescent sex behaviors
    - Difficult to capture.
  - Alcohol and drug abuse
    - Difficult to capture.
  - Food insecurity
    - Difficult to capture, but there are some data that is available to help address this issue.
- Social and Environmental Factors
- Housing→work with City Planning to get more complete data
    - Especially highlighting the % of population who are paying >30% of their income on housing
    - The City can help provide information about housing, especially as COR staff is updating the [Housing Element](#).
    - Age of housing stock does not consider remodels.
  - School Environment: What are the things that are most impacting the schools and the children in those schools?
    - What are the indicators that the schools think are good indicators for schools?

- Not school performance, but school progress.
  - Social connectedness
    - Difficult to decide what is a good indicator and generally very difficult to measure .
    - Possible examples: Number of CBOs (501C3)
      - There is a database of all 501C3s, but may not fully capture all 501C3s in Richmond: (Fiscal Agents, unincorporated, etc.)
    - Possible Example: Linguistic isolation
      - Household in which no over the age of 14 speaks good English.
      - In Contra Costa there are more services available for Spanish this is very important and a consideration for a Spanish speaker vs. a Hmong speaker.
  - Crime/safety
    - This data is Important to community and sentencing equity should be a priority.
    - Incarceration and readmission data is difficult to get and get accurately.
    - Data sharing between institutions is difficult. Consider that when prisoners are released or transferred they carry their own health records with them and pass them off to next facility.
  - Poverty/income is important data and mostly comes from the census.
  - Air quality
    - There is only one EPA air monitor in CCC.
    - We don't have indoor air quality data.
    - In general, Richmond is a complicated environment for air quality.
  - Water quality
- Built Environment: We want our indicators to be actionable
    - City can provide more detailed data about Parks and Recreation
      - With FSCS there will be joint use agreements with the school grounds and will likely help increase access for community members to parks/recreation.
    - Transit
      - Look into transit commutes to work, include public transit dependent populations.
      - Work with Planning and MTC.
  - Data that Abigail really wants and values
    - Avoidable ER visits.
    - Immunizations in Richmond: public schools have the highest rate of immunizations in Richmond and WCCUSD can be a great partner in further work around immunizations. .
    - HIV/AIDS: Abigail suggests the Frontline special, [Endgame: AIDS in Black America](#).
  - Other possible data need/available data:
    - And food insecurity: food stamps
      - WIC data, CDPH data
    - Child care and availability
    - Digital divide
      - BBK is working on the digital divide and they have addresses for everyone who they are giving computers to
      - IFoster is also giving computers out
    - What can Kaiser provide: ~40% of the City is part of KP

## V. Health is All Policies (HiAP) and Health Equity Trainings. Discussion to help guide the planning of the HiAP and Health equity trainings and curriculum

*Some questions to consider: What is HiAP? What are the goals of the HiAP Trainings in Richmond? The Health Equity Trainings? Who is the intended audience for the trainings? What do we want them to take away from the trainings? How do we get input on the curriculum from the intended audience?*

- HiAP and Health Equity Training: Setting the stage for CCHS to do more indepth Health Equity/HiAP trainings for the public and City Staff
  - Weight of the Nation screening in August available for COR Staff
  - Currently working with the Library to have public screenings of Weight of the Nation
  - City is hosting Weight Watchers once a week
  - Senior Management Meeting: 8.28.2012
    - Discuss framework and elements that are going to be included in HiAP.
    - Ask senior management to take a look at the 5-year strategic business, and determine where they can insert/integrate HiAP.
    - Operationalize the Richmond [General Plan](#), how can we make all City Staff familiar with HiAP and Health Equity?
  - Sept 13 (tentatively): Health Equity/HiAP All Staff

### Theory behind need for training:

- For most people, they do not think about their job, daily routine, etc. as related to health, the goal of these training are to help everyone think about the health connections, health inequities and what they can do to change them.
  - Integral to the success of these trainings includes a common language/definitions for some of the jargon that is used.
  - Need to determine what is the best training model for Richmond:
    - Possible, yet limited, training model: BARHII ( [Bay Area Region Health Inequities Initiative toolkit](#)).

### HiAP: Policy Changes

- [CA HiAP](#): The state has committed to integrated health equity into all policy and departments
  - SCR 47: passed June 2012
  - Strategic Growth Council: health document May 2012
- What can we do to change existing institutions
  - Many of our programs are focused on the midstream.
  - We are talking about understanding and measuring the important indicators.
  - What is driving the outcomes and how can we change the drivers?

## VII: Subcommittee Report Backs

### Full Service Community School

- Tashaka reported that WCCUSD has selected a staff person to run the subcommittee.
- The first subcommittee meeting will be in mid-to-late August.

### Health in All Policies Subcommittee Report Back on Data

- Jason Corburn, Shasa Curl, Gabino Arredondo and Lina Velasco responded to data requests made at the first [Health Data, Training and Report Card Subcommittee meeting](#).
  - Housing Element requirements
    - Lina Velasco confirmed that data is available and being collected as the [Housing Element](#) is updated. This data includes vacancy, affordable housing and more..
    - The next housing Element update workshop is Aug 9 (see announcements below)
  - CRW Fields (permit, inspection, and property)
    - This internal COR system tracks things like business licenses, property inspections and new alcohol licenses.
  - Engineering: Bike/Pedestrian Plan data, paving, streetlights
    - Key engineering staff are excited to provide data upon request.
  - Police
    - COR RHEP members will discuss data availability and needs with a police representative prior to the next RHEP meeting.
  - Walkability or complete streets index
    - The COR does not currently use a specific index.
    - An index could be jointly created.
  - MIG Community Health and Wellness Element maps
    - The COR has acquired these shape files and can make them available to CCHS.
    - Dr. Ritterman suggested using the 4 Healthy Richmond priority areas as guides.
    - The four outcomes are:
      1. Families have improved access to a health home that supports healthy behaviors.
      2. Children and their families are safe from violence.
      3. School and neighborhood environments support improved health and healthy behaviors.
      4. Community health improvements are linked to economic development.
- The COR internal data team will be meeting with Police, Housing Authority and Richmond Build representatives soon.

PhD Student Ellen Kersen presented the City of Richmond data she has gained access to:

- MIG maps have important meta data about where the data came from, etc.
  - These maps provide details about the food environment and life-long learning opportunities, among other data.
- City of Richmond has provided broad GIS data and she will soon work with individual departments to acquire more.
- The [Richmond Community Survey](#) data demonstrates that there is variation that can't be captured at city or zip code level. And it may be useful to highlight what city services residents perceive to be working and which services need attention.
- There is publicly available data, but little at the neighborhood level.

**Announcements:**

- There is no RHEP meeting in August although subcommittees should continue to meet ([meeting schedule](#)).
- COR is working on a hydration plan for Richmond, using Oakland's Taking Back the Tap. New farmers market on Wednesdays on Nevin Plaza from 10 am to 2pm
- [Next Housing Element Workshop](#) August 9<sup>th</sup> Thursday, August 9, 2012, 6:00 PM - 8:00 PM, Multi-Purpose Room (Basement Floor) - 440 Civic Center Plaza, Richmond
- Lawrence Berkeley National Laboratory Second Campus, [Richmond Campus Bay Community Workshop](#) - July 26, 2012, 7-8:30PM (Doors open at 6:30PM). Richmond Memorial Auditorium, 403 Civic Center Plaza

**Resources:** (All resources from this and all previous meetings are also available at [www.richmondhealth.org](http://www.richmondhealth.org) under Richmond Health Equity Partnership and then RHEP Collaborative Resources or <http://www.ci.richmond.ca.us/index.aspx?NID=2580>)

Draft indicators: <http://www.ci.richmond.ca.us/DocumentView.aspx?DID=9011>

COR health training: <http://www.ci.richmond.ca.us/DocumentView.aspx?DID=9012>

LBL flyer: <http://www.ci.richmond.ca.us/DocumentView.aspx?DID=9014>

Agenda: <http://www.ci.richmond.ca.us/DocumentView.aspx?DID=9013>

CA SCR 47: <http://www.ci.richmond.ca.us/DocumentView.aspx?DID=9025>

CA Strategic Growth Council, Health and Health Equity Guidance:

<http://www.ci.richmond.ca.us/DocumentView.aspx?DID=9026>

Health Equity Definitions: <http://www.ci.richmond.ca.us/DocumentView.aspx?DID=9024>

Google Doc: Health and Wellness Initiatives in Richmond:

<https://docs.google.com/spreadsheet/ccc?key=0ApfS7cBUGP3pdDFCQ3IVc2cyemVzNzJsZiRqeS1wdVE#gid=0>

**Next steps:**

Status	Target Date	Action	Responsible party
Ongoing, needed by Sept	By Aug 15	Fill out <a href="#">Google doc</a> to highlight Health and Wellness Activities in Richmond	All RHEP members; CCHS entries needed
Pending	By Sept 1	Determine location of Sept. 26 RHEP meeting	WCCUSD; Wendell Greer
Pending	Distribute by Sept 19	Create proposed agenda for Sept 26 RHEP meeting	WCCUSD; Wendell Greer
Pending	Distribute by Sept 24	Distribute location, meeting agenda and support materials	WCCUSD; Wendell Greer
Pending		COR provide MIG Shape Files to CCHS	CCHS can fill out data request and acquire data on same day. Contact Hector Rojas Hector Rojas <a href="mailto:Hector_Rojas@ci.richmond.ca.us">Hector_Rojas@ci.richmond.ca.us</a>
Pending		COR Planning work with CCHS to share data for Housing and Parks and Recreation	CCHS can fill out data request and acquire data on same day. Contact Hector Rojas Hector Rojas <a href="mailto:Hector_Rojas@ci.richmond.ca.us">Hector_Rojas@ci.richmond.ca.us</a> Or Lina Velasco <a href="mailto:Lina_Veasco@ci.richmond.ca.us">Lina_Veasco@ci.richmond.ca.us</a>