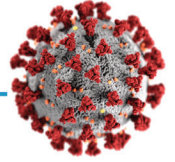


Is it Cold, Flu or Coronavirus?










COVID-19, the new coronavirus struck in the middle of the cold and flu season, leading some people to wonder what their respiratory ailments indicate.

RESPONSE Coronavirus (COVID-19)



CONTRA COSTA
HEALTH SERVICES

If you think you have been exposed to COVID-19 and develop a fever and symptoms of respiratory illness, such as cough or difficulty breathing, call your health care provider. If you do not have a provider, call the CCHS Advice Nurse at 1-877-661-6230 option 1.

SYMPTOMS	COLD	FLU	CORONAVIRUS
 Fever	Rare	Yes, often high	Yes
 Cough	Mild to moderate	Yes	Yes, typically dry
 Shortness of breath	Rare	Yes	Yes
 Fatigue, weakness	Mild	Yes	Yes
 Headache	Rare	Yes	Sometimes
 Muscle aches	Slight	Yes, often	Yes
 Sneezing	Common	Sometimes	No
 Sore throat	Common	Sometimes	Sometimes
 Stuffy or runny nose	Common	Sometimes	Rare