



**Richmond Plunge (Municipal Natatorium) 1 E. Richmond Ave. 510-620-6820**

	Monday 8a-1p/4-7p	Tuesday 4-7p	Wednesday 8a-1p/4-7p	Thursday 4-7p	Friday 8a-1p/4-7p	Saturday 8a-12p/1:30-3:30p	Sunday Closed
8am	LS, DWW, SWW, IWF		LS, DWW, SWW, IWF		LS, DWW, SWW, JR	LS, DWW, SWW, MSF, Tot	
9am	LS, WFC (9-9:50)		LS, WFC (9-9:50)		LS, DWW, SWW, JR, Tot	LS, DWW, SWW, MSF (ends 9:30), Tot	
10am	LS, DWW, SWW, LSp		LS, DWW, SWW, JR, Tot		LS, DWW, SWW, JR, Tot	LS, DWW, SWW, JR, Tot	
11am	LS, DWW, SWW, JR, Tot (10:30-12)		LS, DWW, SWW, JR, Tot		LS, DWW, SWW, JR, Tot	LS, DWW, SWW, JR	
12pm	LS, DWW, SWW, JR, MSF		LS, DWW, SWW, JR, MSF		LS, DWW, SWW, JR MSF		
1pm							
1:30pm						Rec Swim-1:30-3:30	
2pm							
3pm							
3:30p							
4pm	LS, DWW, SWW, JR, MSF, Tot	LS, DWW, JR, MSF	LS, DWW, SWW, JR, MSF, Tot	LS, DWW, SWW, JR, MSF	LS, DWW, SWW, MSF, Shallow Rec		
5pm	LS, DWW, SWW, JR, MSF, Tot	LS, DWW, JR, MSF	LS, DWW, SWW, JR, MSF, Tot	LS, DWW, SWW, JR, MSF	LS, DWW, SWW, MSF, Shallow Rec		
6pm	LS, DWW, SWW, JR, MSF	LS, DWW, JR, MSF	LS, DWW, SWW, JR, MSF	LS, DWW, SWW, JR, MSF	LS, DWW, SWW, JR, MSF		

**Richmond Swim Center (RSC) 4300 Cutting Blvd. (enter on S. 45<sup>th</sup>) 510-620-6654**

	Monday Closed	Tuesday 7-12p/5-8p	Wednesday 6-11a	Thursday 7-12p/5-8p	Friday Closed	Saturday 9a-12p	Sunday 10a-12:30p/1:30-3:30
6am			LS, DWW, SWW				
7am		LS, DWW, SWW	LS, DWW, SWW	LS, DWW, SWW			
8am		LS, DWW, Tot IWF	LS, DWW, SWW, Tot	LS, DWW, Tot IWF			
9am		LS, DWW, Tot WFC (9-9:50)	LS, DWW, SWW, Tot	LS, DWW, Tot WFC (9-9:50)		LS, DWW, Les	
10am		LS, DWW, SWW, Tot	LS, DWW, SWW, Tot	LS, DWW, SWW, LSp		LS, DWW, Les No Shallow lanes	LS, DWW, SWW, Tot
11am		LS, DWW, SWW		LS, DWW, SWW		LS, DWW, Les No Shallow lanes	LS, DWW, SWW, Tot
12p							LS, DWW, SWW
1pm							
1:30pm							Rec Swim- 1:30-3:30
2pm							
3pm							
3:30pm							
4pm							
5pm		LS, DWW, SWW, Tot		LS, DWW, SWW, Tot			
6pm		LS, DWW, SWW, Tot		LS, DWW, SWW, Tot			
7pm		LS, DWW, SWW, JR		LS, DWW, SWW, JR			

Please see Program Codes and Descriptions on next page



**Pool Rules** - See posted signs at pool or website for regular pool rules and additional information. *For the safety of our patrons and staff, Lifeguards have the authority to interpret and enforce the rules.*

**Program Descriptions & Codes:**

- **Lap Swim (LS)** – ages 16+; must continuously swim laps. Deep & shallow lanes available for lap swimming. Limited lanes availability during certain programming.
- **Deep Water Walking (DWW)** – ages 16+; 4-7’ deep. For deep water exercise and walking
- **Shallow Water Walking (SWW)** – ages 16+; 3-4’ deep. Shallow lanes not available during some programs.
- **Junior Lap Swim (JR)**- ages 9-15 in a shallow lane at designated times. Ages 9-12 must share a lane with parent. Ages 13-15 must have a parent in the facility. No swim test required, but lap swimming will be strictly enforced.
- **Family Recreation Swim (Rec)** – Recreational swim for all ages. Shallow and deep end areas open on weekends. All patrons must pay (even non-swimmers). Capacity limits are enforced, depending on staffing. Shallow lanes not available for lap swim/exercise during Rec Swim sessions. Limited deep lanes available for lap swim.
- **Masters/Sailfish (MSF)**–Lanes 2-5 will not be available during these blocks of time when [Richmond Swims](#) Masters practices. Mon-Fri 4-6pm lanes 2-6 will not be available when Sailfish youth swim team practices.
- **Little Splashers (LSp)**- parent-tot class for 6months-5 years. Shallow end. Registration required.
- **Tot Splash (Tot)** – for families with children 6 & under. An older sibling is welcome if closely supervised.
- **Swim Lessons (Les)** – Lane space may be limited. Some shallow areas & lanes will be reserved for lessons. After the first day of each session, you may inquire about what areas will be available during these times.
- **Water Fitness Class (WFC)**- instructor-led group water fitness in 4’ deep water. Drop-in
- **Independent Water Fitness (IWF)** – non-instructor-led group exercise in 4’ water. Drop-in

**Adult:Child ratio and Supervision** - No more than 2 children (8 & under) per adult. Children 8 & under must be always supervised and within arms’ reach by the adult. Children 9-12 may have a supervising adult within the facility. Ages 13-17 may attend if parent provides signed waiver. Personal Floatation devices (PFDs) are available to borrow, or you may use your own Type I or II vest-style Coast Guard approved PFD.

**Upcoming Schedule Changes:** **Closed 9/4, 9/8, 10/9, 11/10-11, 11/23-24.** We post in advance when the pools are scheduled to be closed. Please check the [website](#) for dates. Due to Lifeguard shortages, if Lifeguards are unexpectedly ill or injured, we may need to close without notice for some shifts.

**Email updates:** Please send your full name in an email to [paula\\_cooper-tipton@ci.richmond.ca.us](mailto:paula_cooper-tipton@ci.richmond.ca.us) if would like to opt in to receive occasional email updates about Richmond pool.

DROP-IN FEES	Resident	Non-Resident	*Veteran and 65+
Adult drop-in	\$7	\$8.75	*ID required for discount
Child drop-in	\$4	\$5	
65+/Veterans drop-in			\$5
Non-swimmer	\$2.50	\$2.50	
SWIM PUNCH PASSES			
Blue (5 visit) pass	\$31.50	\$39.50	\$25
Green (15 visit) pass	\$94.50	\$118.50	\$75
Gold (30 visit) pass	\$189	\$237	\$150
Platinum (45 visit) pass	\$283.50	\$355.50	\$225
Child (10 visit) pass	\$36	\$45	