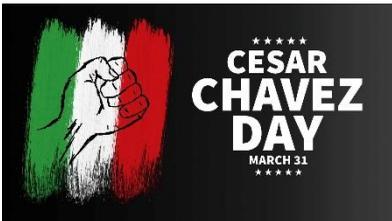


March 2026  
Richmond Senior Center:



2525 Macdonald Avenue, Richmond, CA 94804  
(510) 307-8087 Hours: Monday – Friday 8:30 AM – 3:00 PM

“An unexamined life is not worth living.”  
Class Prices \$2.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2. 8:30 AM –10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:45 AM-12:45 PM Chinese Folk Dance 1:00 PM – 3:00 PM Elegant Dance Group	3. 8:30 AM - 10:30 AM Yuan Ji Exercise 8:30 AM – 2:30 PM Puzzles 12:00-1:30 PM Soul Line Dancing	4. 8:30 AM – 3:00 PM Puzzles 9:00 AM-10:30 AM Tai Chi Chair 10:45 AM- 12:45 PM Unsurpassed Glamorous Art 12:45 -2:00 PM Karaoke	5. 8:30 AM-10:00 AM Tai Chi 8:30 AM – 2:30 PM Puzzles 12:00 PM – 1:30 PM Soul Line Dancing	6. 8:30 AM-10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:00 AM-3:00 PM Chess 11:00AM – 12:30 Hula Le Ale A 1:00 PM – 3:00 PM Elegant Dance Group	7. 10:00 PM – 12:00 PM Unsurpassed Glamorous Art Performance Workshop 12:00 PM – 1:30 PM Soul Line Dancing \$5
9. 8:30 AM –10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:45 AM-12:45 PM Chinese Folk Dance 1:00 PM – 3:00 PM Elegant Dance Group	10. 8:30 AM - 10:30 AM Yuan Ji Exercise 8:30 AM – 2:30 PM Puzzles 12:00-1:30 PM Soul Line Dancing	11. 8:30 AM – 3:00 PM Puzzles 9:00 AM-10:30 AM Tai Chi Chair 10:30-12:00 PM Healthy Cooking Workshops 10:45 AM- 12:45 PM Unsurpassed Glamorous Art 12:45 -2:00 Movie Day (Via ZOOM) 6:30 PM - 8:30 PM Emergency Preparedness	12. 8:30 AM-10:00 AM Tai Chi 8:30 AM – 2:30 PM Puzzles 10:00 AM –11:00 AM Art Is Healing 12:00 PM – 1:30 PM Soul Line Dancing	13. 8:30 AM-10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:00 AM-3:00 PM Chess 11:00AM – 12:30 Hula Le Ale A 1:00 PM – 3:00 PM Elegant Dance Group	14.  <i>“The only limit that matters is the one you refuse to challenge.”</i>
16. 8:30 AM –10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:45 AM-12:45 PM Chinese Folk Dance 1:00 PM – 3:00 PM Elegant Dance Group	17. 8:30 AM - 10:30 AM Yuan Ji Exercise 8:30 AM – 2:30 PM Puzzles 12:00-1:30 PM Soul Line Dancing	18. 8:30 AM – 3:00 PM Puzzles 9:00 AM-10:30 AM Tai Chi Chair 10:45 AM- 12:45 PM Unsurpassed Glamorous Art 12:45 -2:00 PM Karaoke	19. 8:30 AM-10:00 AM Tai Chi 8:30 AM – 2:30 PM Puzzles 12:00 PM – 1:30 PM Soul Line Dancing	20. 8:30 AM-10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:00 AM-3:00 PM Chess 11:00AM – 12:30 Hula Le Ale A 1:00 PM – 3:00 PM Elegant Dance Group	21. 10:00 PM – 12:00 PM Unsurpassed Glamorous Art Performance Workshop 12:00 PM – 1:30 PM Soul Line Dancing \$5
23. 8:30 AM –10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:45 AM-12:45 PM Chinese Folk Dance 1:00 PM – 3:00 PM Elegant Dance Group	24. 8:30 AM - 10:30 AM Yuan Ji Exercise 8:30 AM – 2:30 PM Puzzles 12:00-1:30 PM Soul Line Dancing	25. 8:30 AM – 3:00 PM Puzzles 9:00 AM-10:30 AM Tai Chi Chair 10:45 AM- 12:45 PM Unsurpassed Glamorous Art 12:45 -2:00 Movie Day 7:00 PM – 9:00 PM North & East Neighborhood Group	26. 8:30 AM-10:00 AM Tai Chi 8:30 AM – 2:30 PM Puzzles 10:00 AM –11:00 AM Art Is Healing 12:00 PM – 1:30 PM Soul Line Dancing	27. 8:30 AM-10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:00 AM-3:00 PM Chess 11:00AM – 12:30 Hula Le Ale A 1:00 PM – 3:00 PM Elegant Dance Group	28.  <i>“What doesn't kill us makes us stronger.”</i>
30. 8:30 AM –10:30 AM Yuan Ji Exercise 8:30 AM – 3:00 PM Puzzles 10:45 AM-12:45 PM Chinese Folk Dance 1:00 PM – 3:00 PM Elegant Dance Group	31. SENIOR CENTER IS CLOSED 				 <i>March 8</i>

ROOM B: Due to staffing, our Pool tables, card tables, and exercise equipment will be open from 10:00 AM to 3:00 PM. Thank you for understanding